



**Wild food foraging & gourmet feast with Lucia Stuart.  
The location is Deal, East Kent, 2 hours from London.**

- 31 Mar 11-4 pm A Forager's Easter: Wild garlic, flowers & Spring leaves abound the woodland, coast & hedge. Gourmet feast with botanical cocktails at The Wild Kitchen, a Georgian house in Deal, Kent.
- 14 April 1-6 pm Meadow & Coast: After our wild food feast, we explore an ancient meadow for flowers & herbs. Then to the beach; it's a 'Spring' tide for prawns, plants & edible seaweeds to take home.
- 22 Sept 2-6 pm Shellfish special: Wild oysters, winkles, limpets and mussels for the picnic feast. Learn how to best cook shellfish, washed down with fizz, under the dramatic skies that inspired J M W Turner.
- 14 Oct 10-2pm
- 26 May 2 June Flowers & Trees: Forage blossoms, petals & leaves for food, drink and medicine. This fragrant world inspires a floral feast back at the Wild Kitchen in Deal, along with botanical cocktails.
- 23 June 14 July 25 Aug Edible seashore. Below the White cliffs of Dover are edible seaweeds, limpets & coastal succulents such as rock samphire. Spectacular scenery with gourmet feast in a stylish beach hut.
- 1 July 28 July 18 Aug Smugglers & Samphire: Wander in a wilderness location with smuggler's tunnels. Forage samphire and coastal plants. Fill your baskets then relax in the sun for a wild food feast on the beach.
- 29 Sep 11-4pm Berry Bonanza: Autumn fruits, seeds, berries and new leaves. Learn about wild food such as haws or nutritious sea buckthorn that astronauts take to the moon. Foraged feast with cocktails.



**NEW IN 2018: Wild Food Suppers**

April 7, June 16, 4 Aug, 20 Oct, 17 Nov, 15 Dec

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👉 Wild Kitchen Gift cards available

