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Wild Food Foraging with Gourmet Feast 2019



Tel: + (0)7810 317 866 [www.thewildkitchen.net](http://www.thewildkitchen.net)

Coastal foraging & Gourmet feast with Lucia Stuart.  
Locations around Deal, Kent, 2 hours from London, UK.

- 30 Mar 11- 4 pm Spring into Spring: Garlic leaves & spring flowers foraged from woodland & coast followed by a feast at The Wild Kitchen, a 17th century Ships pilots house in Deal, Kent.
- 13 Apr 11-4 pm Edible Seashore. Learn how to gather and cook edible seaweeds & succulent plants from the picturesque seashore. Wild food picnic with seaweed cookery in stylish beach hut.
- 11 May & 8 June 10 - 3pm Meadow & Coast: Explore the beach for succulent plants & edible seaweeds to take home, then up to the Meadow for flora & blossoms. Luncheon feast at The Wild Kitchen, Deal.
- 26 May 10 - 4pm Sand, Swim & Sea kale: Stunning spot for a delicious beach picnic. Fun as you forage plants. Sea swimming encouraged.
- 13th July 11- 4 pm Smugglers & Samphire: Stunning wilderness location with smuggler's tunnels. Find samphire, edible flowers & coastal plants. Fill your baskets with nature then relax in the sun for an enormous wild food gourmet picnic on the beach.
- 10 & 11 August 12-5pm Midsummer gladness: Vegan Special: Gourmet wild food in beach hut under the White cliffs of Dover. Gather cliff herbs, then to the seashore for delicious seaweed & coastal plants.
- 24 Aug Smugglers & Samphire: 11 am to 4pm (As 13th July).
- 3rd Sept & 24 Oct 'Day off' delight: Shellfish special: Gourmet wild food picnic on the beach; fizz, mussels, oysters & stunning Kent skies.
- 12th Oct Berry Bonanza: Autumnal forage & feast

Further Events  
& information:



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