

COASTAL FORAGING FOR VEGANS :
Midsummer gladness & Autumn's harvest

Ideal for vegans, discover the prettiest and most dramatic scenery on the Kent coast as you connect with the landscape and learn how to identify and find wild food. Exploring nature's bounty in the Garden of England, you will learn how to safely forage wild plants & enjoy them in a delicious vegan feast. This is a special way of celebrating both the beauty and history of coastal Kent as well as your own wellbeing.

Midsummer Gladness 10 & 11th August 2019
Autumn's Bounty 28 & 29 September 2019

One day 5 hours (Summer Or Autumn) £85
Two days 5 hours (Summer & Autumn) £ 150